



Port Moody Times

Tuesday

December 2, 2025

Day 1

Every Friday is Blues Friday!

HOLLY GRAMS

Junior Leadership will be selling Holiday Candy Grams bundles for students and staff to gift to one another. \$2.00 for one and 3 for \$5.00. Attached is the [Holly Grams Order Form – Fill out form](#) to complete & payment will be occurring in the MPR November 28, December 5 and 12th! Deliveries will be occurring Block 3 on Wednesday December 17<sup>th</sup> or pick up in MPR.

THE HOLIDAYS ARE HERE!

PMSS JUNIOR BLUES LEADERSHIP

Holly Grams!

PAYMENTS: Nov. 28<sup>th</sup>, Dec. 5<sup>th</sup> or 12<sup>th</sup> LUNCH in MPR

DELIVERY: Dec. 17<sup>th</sup> by SANTA & ELVES!

CAN HAVE A PERSONALIZED MESSAGE!

PRICE:  
\$2 for ONE  
\$5 for THREE

CONTAINS:  
• Hershey's Kisses  
• Candy Canes  
• Other sweets!

Scan the QR code to ORDER!

PINK SHIRT SALE

Pink Shirt Day is on Wednesday, February 25, 2026.  
T-shirts and hoodies are available to purchase on School Cash Online. **Deadline is Dec. 4<sup>th</sup>.**  
Link to School Cash Online: <https://sd43.schoolcashionline.com/Fee/Details/163052/108/False/True> or scan the QR code to order:



Anti-Bullying T-Shirt Order Form

New look: "KINDNESS IS A SUPER POWER"

\$13 each

\$35 each

Terry Fox Leadership classes have designed new black T-shirts (with pink text) or pink T-shirts (with black text) anti-bullying shirts, "KINDNESS IS A SUPER POWER". We have also added a Black Hoodie with the hopes of raising awareness and \$\$ to provide needed funds to Kidsport Tri Cities to help youth get involved in organized sports. Staying active through sports creates a positive atmosphere for our youth in the Tri Cities.

Let's make a difference that lasts!

**ATHLETIC**

Any students who participated in athletics for the FALL Season of play and you have not picked up your athletic t-shirt, please see Mr. Straumford.

**SHARE FOOD BANK DRIVE**

Starting December 1<sup>st</sup> until December 15th, we will be collecting food donations for SHARE Community Food Bank. Our goal is to collect 1300 canned non-perishable items. Leadership students will be coming around to your Block 3 classes on Monday, December 1<sup>st</sup> to bring a green bin for collection and do a short announcement to your classes. We will collect 2 times a week!

There is also a virtual food bank drive for SHARE. The school’s goal is \$250. Please click on link <https://bcvfd.foodbank.bc.ca/team/412/236#> or QR code to donate.



**BLUES FRIDAY**

Hey PMSS, Come get Popcorn and Candy for \$1.00 Cash only at lunch in the MPR on Friday and don't forget to wear your blues merch or blues colours!

**GRAD COMMITTEE**

Are you in grade 12? Do you want to have some influence on grad events? Grad wear? Activities? Sign up to be part of the grad committee. Posters for sign-up are located around the school.

**PEER TUTORING**

This is for students who want to volunteer as well as students who are looking for a tutor.

If interested, please complete this form: [Peer Tutoring – Fill out form](#)

Peer tutoring will run on Wednesdays and Thursdays at lunch and during block 5.



**ONGOING**

**MORNING STUDENT DROP OFF**

This is a reminder to parents and students that drop-off and pick-up is to take place *only* in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot. Please also remember not to use the upper teachers’ parking lot to drop off/ wait for their children and/ or to use as a turnabout.

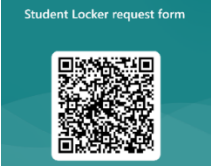
**PMSS TIMES:** The PMSS Times will be distributed on ***Tuesdays*** and ***Thursdays***. Announcements will not be read over the PA. You will find copies in the Cafeteria under the clock and outside the Library Learning Commons.

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**LOCKERS:**

Please use the QR code below to request a locker.



Students will receive an email in their 088 district email account with the locker number and combination.

**LIBRARY**

The library currently has over 100 books overdue. Check your school email every Monday to see if you have any overdue library material. Please remember that our loan period is 3 weeks for most things except technology. Technology loans are for one class only and are due back at the end of the day. Thanks for helping us by bringing back your overdue library materials so others can enjoy them!

**STUDENT ID CARDS**

Student ID cards are now available for pick up. Please come by the office during lunch or after school to pick up.

**OFF BLOCK STICKERS**

Gr. 12 students who need an off block sticker can pick it up in the office during lunch or before/ after school.

**CAREER CENTRE**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

**PMSS Career Resource Centre**

**Main Office.** Open from 8:00am – 3:30pm Monday-Friday.

**Questions?** Email Ms. Chang at [mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca) or call 604-939-6656 ext. 2013.

**How to keep up with the news?** Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

**Post-Secondary workshops and info sessions**

For current and ongoing opportunities, please visit [HERE](#)

**\*NEW\* UBC Black Futures** is for Black-identifying students in Gr. 11 & 12 who do not need to necessarily be planning on attending UBC, but would like to learn more about post-secondary options and career possibilities. The program consists of four in-person meetings at UBC. High school students will meet with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend. Transportation to and from UBC will be provided and students will be chaperoned by SD43 teachers. If interested, please fill out this form [HERE](#) by Thursday, December 18<sup>th</sup>, 2025 or contact Ms. Chang ([mchang@sd43.bc.ca](mailto:mchang@sd43.bc.ca) or in Rm 2013 of the Main Office counselling area).

**\*NEW\* SFU Applicant Workshop | Gr. 12 Students in BC** is happening online via Zoom on Thursday December 18<sup>th</sup> from 6-7pm! If you are a Gr. 12 student applying to SFU for your undergraduate studies starting in Fall 2026 and would like to navigate the admissions process, step-by-step walkthrough of our online application portal, tips to support your application, guidance on completing supplemental applications for Beedie School of Business and the School of Contemporary Arts in the Faculty of Communication, Art and Technology, Scholarship opportunities and live Q&A sessions, then click [HERE](#) to register!

**KPU Discovery Days – Kwantlen Polytechnic University** invites students to be students for a day! Join us for a fun-filled experience with interactive activities to help you explore your educational path that's right for you. Participate in workshops and lectures with KPU instructors, get to know our beautiful campus and university life, enjoy complimentary pizza and snacks, and receive a free t-shirt and a chance to win AirPods! There are three dates you can join at our three campuses – Langley (Monday Feb 9), Richmond (Thursday Feb 13) and Surrey (Feb 20) all from 11am – 3pm. If interested, register [HERE](#)!

**List of Important Post-Secondary Events & Info Sessions**

School/ Program/ Event	Date	Time	Location
UBC	VIRTUAL ONLY – 2x per month	-----	LINK
SFU - Faculty of Applied Sciences	Tuesday December 2nd 2025	12:00pm - 12:40pm (lunch)	MPR (booth)
LaSalle College	Wednesday, December 3rd, 2025	12:00pm - 12:40pm (lunch)	MPR (booth)
Vancouver Film School	Wednesday, December 3rd, 2025	12:00pm – 12:40pm (lunch)	MPR booth
Scholarship Meeting #2 (Scholarship Package Launch)	Wednesday February 11th, 2026	12:00pm – 12:40pm	Drama Room

BCIT: Geomatics	Thursday February 12th, 2026	12:00pm - 12:40pm (lunch)	MPR (booth)
Douglas College - Next Steps	Wednesday February 18th, 2026	12:00pm - 12:40pm (lunch)	Library

**General Learning Opportunities**

For current and ongoing opportunities, please visit [HERE!](#)

**\*NEW\* SFU STEM Speaker Series – STEM Career in Government** invites high school students to this FREE online talk on Saturday December 6<sup>th</sup> from 1-2. Mischelle Remigio will be providing an introduction of her career in the contaminated sites field. This presentation will also cover a variety of topics related to contaminated site management in Canada with a focus on sites in the Northwest Territories. If interested, please register [HERE!](#)

**\*NEW\* Ingenious+** is for 14-18 year old Canadian or Permanent Resident students who have an idea that can make a difference. Whether your innovation helps your community, tackles climate change, or supports well-being, Ingenious+ is here to celebrate and support your work. This is your chance to receive \$1000 (or more – up to \$10,000) plus mentorship and learning opportunities to grow your innovation. If interested, apply [HERE](#) by Friday, January 23<sup>rd</sup>, 2026!

**\*NEW\* New Westminster Student Police Academy** is anticipated to be back for Canadian or Permanent Resident Gr. 10-12 students ages 16-18 from March 16<sup>th</sup> – March 20<sup>th</sup> 2026! Participants will have the opportunity to engage in hands-on activities, learn from experienced professionals, and develop valuable skills that extend beyond the classroom. This is your opportunity to see what it takes to be a police officer! If interested, apply [HERE](#) by January 7<sup>th</sup>, 2026!

**\*NEW\* UBC Research Exploration Opportunity (REO)** is open to curious high school students wanting to know what real research looks like. REO gives you the chance to step inside university labs, learn hands on techniques, and be mentored one on one by real researchers during Spring Break (March 16-20) at UBC Vancouver campus! This free program is designed especially for students from underrepresented groups in STEM. No prior research experience needed. If interested, apply [HERE](#) by January 9<sup>th</sup>, 2026!

**\*NEW\* University of Toronto – Law March Break Youth Program (YSP)** is open to Gr. 10-12 students who want to explore the field of law at University of Toronto’s Faculty of Law during March 16 – 20th. Through interactive workshops, lectures, field trips and legal simulations, students will immerse themselves in the world of legal thinking and advocacy and step into the shoes of a law student. Cost is \$1125 per module fee plus a \$98 registration fee (participants responsible for covering their own flights and accommodations). Interested students can register [HERE!](#)

**UBC – Engineers without Borders Case Competition** is inviting students at Port Moody Secondary School to express their interest in participating in the competition hosted at UBC. This year’s competition focuses on designing a Disaster Relief Kit. Throughout the competition, we would like to emphasize Sustainability, the Engineering Design Process and Practical Design. A firm date is not set yet, but projected to land on either Saturday Jan 24, 31 or Feb 7 from 10am – 4pm. This is an opportunity to grow your confidence in your ability to be proactive problem solvers, collaborate with others, and gain real world engineering experience. If interested, please fill out the form [HERE!](#)

**Trades and Apprenticeship Information**

For current and ongoing opportunities, please visit [HERE!](#)

**Volunteer/Employment Opportunities**

For current and ongoing opportunities, please visit [HERE!](#)

**\*NEW\* Vancouver Sun Run – Big Brothers Charity** are looking for volunteers for April 17 – 18 at various shift times between 9am – 6:30pm for duties such as Expo package pick-ups, wrap party set-up and wrap party & finish line cheer. This will take place in Vancouver BC. Each volunteer will receive a special souvenir T-shirt and refreshments. Student volunteers will receive a letter of completed volunteer hours via email (one week after the race). For more information or to apply, click [HERE!](#)

**\*NEW\* West Coast Kids Cancer Foundation** is looking for volunteers for Spring Break City Camp 2026 (March 19 & 20<sup>th</sup>, 23<sup>rd</sup> – 28<sup>th</sup>). If you’re passionate about creating fun, supportive experiences for kids, we’d love to hear from you. This will be located at a school in Surrey. Applicants who can commit to the dates listed will be prioritized. Applicants must be at least 16+ years of age with reliable transport to Surrey and willing to undergo a vulnerable sector criminal records check and up-to-date immunizations. For more information, click [HERE!](#)

**Scholarship / Awards**

For current and ongoing opportunities, please visit [HERE!](#)

**\*NEW\* BC Excellence Award (\$5000)** is open to Canadian or Permanent Resident Gr. 12 students who are averaging a B and above in their academic subjects and involved in extracurricular/ community activities outside of school. Applicants must be nominated by Port Moody Secondary in order to apply. The nomination deadline is Monday, January 12<sup>th</sup>, 2026. Nomination forms can be found on PMSS Career Centre TEAMS/ [website](#) or see Ms. Chang in the Career Centre. For more information, click [HERE!](#)

**\*NEW\* CMOLIK Award (\$50,000)** is open to any residents of BC (that has lived in Canada for at least 7 years), in Gr. 12 and have faced adversity. Students must plan to attend and study full-time at a post-secondary institution or college and must demonstrate financial need (total annual family income not exceeding \$80,000). Applicants must be nominated by Port Moody Secondary in order to apply. The nomination deadline is Friday, January 9<sup>th</sup>, 2026. Nomination forms can be found on PMSS Career Centre TEAMS/ [website](#) or see Ms. Chang in the Career Centre. For more information, click [HERE!](#)



**\*NEW\*** **York University – President’s International Scholarship of Excellence** (\$180,000) is open to international high school students (non-Canadian requiring a study permit) that are applying to York University. They must demonstrate strong academic performance (minimum average of 80% or equivalent) and leadership skills and active involvement in volunteer work and extracurricular activities. ). Applicants must be nominated by Port Moody Secondary in order to apply. The nomination deadline is Monday, December 15<sup>th</sup>, 2025. Nomination forms can be found on PMSS Career Centre TEAMS/ [website](#) or see Ms. Chang in the Career Centre. For more information, click [HERE](#)!

**\*NEW\*** **Be the Light Scholarship** (\$2500 x 20) is open to Gr. 12 girls of South Asian descent with a sufficient academic record, planning on pursuing post-secondary education, demonstrates community involvement and demonstrates financial need. If interested, apply [HERE](#) by Saturday, February 21<sup>st</sup>, 2026.

**Soroptimist – Bea Kelly Teen Volunteer Award** (\$1500) is open to Gr. 12 young women who are planning to attend an accredited post-secondary institution after graduation and have had significant and noteworthy accomplishments as volunteers. Applicants must live or attend school in the Tri-Cities area of BC: Coquitlam, Port Coquitlam, Port Moody, Anmore, or Belcarra. If interested, apply [HERE](#) by January 15<sup>th</sup>, 2026.

**Soroptimist – Spread your Wings Award** (\$1500) is open to female refugees or immigrants to Canada who have arrived within the past 10 years and are enrolled in or planning to attend a vocational/ skills training program or undergraduate degree program. If interested, apply [HERE](#) by January 15<sup>th</sup>, 2026.

**Health Sciences Association Scholarships and Bursaries** (\$2000) is open to applicants who are HSA members in good standing or the child of an HSA member who is continuing or proceeding in a full-time program in any field leading to a recognized certification, diploma, or degree at a public post-secondary educational institution. Applicants must demonstrate solidarity and leadership skills along with including a short answer response about benefits of a strong labour movement in Canada. If interested, apply [HERE](#) by January 9<sup>th</sup>, 2026.

**2026 CMOLIK Foundation Scholarship** (\$50,000) is open to Gr. 12 residents of BC (lived in Canada for at least 7 years) that plan to attend full-time at a post-secondary institution or college. Applicants must have faced adversity, be ineligible or BC Tuition Waiver Program (for former youth in care), and have demonstrated financial need (total annual family income not exceeding \$80,000). To apply for this scholarship, you first must be nominated by Port Moody Secondary. Nomination forms can be found in PMSS Career Centre TEAMS, website, or Ms. Chang’s office. Please return completed forms to [moodyscholarshipsubmission@sd43.bc.ca](mailto:moodyscholarshipsubmission@sd43.bc.ca) by Friday January 9<sup>th</sup>, 2026. If nominated, the completed application to CMOLIK needs to be completed by Saturday, February 7<sup>th</sup>, 2026. For more information, click [HERE](#)!

PARENTS

**PMSS 2025-2026 SCHOOL CALENDAR:** Please click [HERE](#) for the 2025-2026 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

AFTERGRAD

SHOP OUR FUNDRAISERS!



Growing Smiles  
Winter Plant Sale



Krispy Kreme  
Doughnuts



Global Coffee



Purdys Chocolatier



FlipGive



AfterGrad Donation  
School Cash Online



Return-It Depot



Neufeld Farms



MORE INFO: PORTMOODYAFTERGRAD@GMAIL.COM

## COMMUNITY



The poster features a festive holiday theme. At the top, the "inlet SKATING CLUB" logo is displayed in blue and white. Below it, the words "ICE SHOW" are written in large, bold, yellow letters, flanked by two yellow stars. In the center, a white ice skate is shown on a small patch of ice. Below the skate, a black oval contains the text "Holiday MOVIE NIGHT" in white and red. At the bottom of the poster, there is a red and white striped bucket of popcorn, a red and white striped cup with a straw, a film reel, and a pair of 3D glasses. The background is a dark red with white snowflakes and two green Christmas trees decorated with yellow and red lights. The bottom section of the poster is white and contains the following text:

SATURDAY  
**6 DECEMBER, 2025**

SHOWS AT 9AM & 11 AM  
AT PORT MOODY REC CENTER

**TICKETS AVAILABLE NOVEMBER 15TH**  
[WWW.INLETSKATINGCLUB.COM](http://WWW.INLETSKATINGCLUB.COM)

